

## Health and Wellness Committee Minutes

**September 1, 2021** – David Aierstok, Emily Davison, Tom Burnell, Brett King, and Meg Rodier

- Discussed that the counselors are ready for the influx of all the students coming back and that the district is seeing increased levels of anxiety
- Talked about the American Rescue Plan (ARP) which is the district receiving \$1.5 million over the next three years and for the next meeting to have ideas for its use
  - First due date is September 30, 2021
- Set meeting dates for the 2021-2022 academic school year
  - 9/15                      2/9
  - 10/13                  3/9
  - 11/10                 4/6
  - 12/8                    5/11
  - 1/2                      6/8

**Next meeting is 9/15/21**